

Human Resources Update



Upcoming Workshops

April 1st – April 30th

Take part in our First Annual Wellness Step "Challenge" compete against other county building to see who has the most active employees. Contact your buildings Wellness Captain or Human Resources for more information.

April 6, 2009 – Summerville Council Chambers

Preventive Worksite Screening: The screenings are by appointment only. Call Jan Simpson to schedule your screening.

April 7, 2009 – St. George Council Chambers

Preventive Worksite Screening: The screenings are by appointment only. Call Jan Simpson to schedule your screening.

April 15, 2009 – St. George County Council Chambers 9am- Noon

Teleconference – Strategic Responses to a Changing Economic Environment

April 29, 2009 - Lunch and Learn Summerville, Planning & Codes Conf Rm. 11:00am – Noon

Stress Management – Learn practical ways to reduce stress. Register for your free 10 minute massage.

First Annual Wellness "STEP" Challenge

With spring just around the corner it's time to start thinking about bathing suits and your spring clothes that might be hiding in the back of your closet. Those holiday treats may have left an impression on your body and eating habits. What

The 5 Competencies For Anyone Involved With A Process Improvement Initiative:

1. Teamwork - People involved in process improvement must be able to organize work tasks, people, and resources to deliver most effectively on organization goals.

2. Change Management - People involved in process improvement must proactively seek opportunities to redirect self, others and the organization to achieve desired results.

3. Creative Thinking - People involved in process improvement must be innovative. They incorporate existing ideas and new ideas in a unique approach to resolve issues and capitalize on opportunities.

4. Initiative - People involved in process improvement must be able to proactively make things happen. They are self-disciplined,

evaluate themselves and others, and take positive corrective action when necessary.

5. Communication - People involved in process improvement must be able communicate well with everyone in the organization in order to have tasks completed and goals met.

Summary: Improving processes in your business is an ongoing course of action; it is not something you do once and then forget about. Actively managing processes and continuously seeking ways to improve efficiencies will help you get the most out of your work day. Be sure that everyone who will take part in the process is involved in the planning and implementation. With this, you are well on your way to saving time, money and energy.

"A problem well stated is half solved."
Charles Kettering

better way to get ready for Spring and swim suit season then with a *friendly* little competition. And believe me there will be a lot of competition with over 200 employees signed up to compete in our First Annual Wellness "STEP" Challenge. Each building has formed teams and given out pedometers to everyone that will be participating. Beginning April 1st Wellness Captains will track steps taken by each participant. We will announce the most active building along with the employee who has

taken the most steps in next months HR Update. Competition is already heating up with talk about who will take the title of the "**Most Active County Building**", will it be the Swamp Steppers, Road Runners or maybe The Stride of Summerville? Get involved, Get motivated, Get STEPPING!!



April 2009

Anne Ayer
Director of HR
(843)563-0242

Darlene Bell
Deputy Director of HR
(843)563-0199

Jan Simpson
Benefits Administrator
(843)563-0333

Tammy Thompson
Training Coordinator
(843)563-0144